## **Harness Your Muse**

## WHAT WE'D WOULD LOVE TO DO IN AN IDEAL WORLD!

THE BARE BONES:	THE LISTS TO TICK OFF:
	8 Weeks Before:
These are the basic 'tools' you'll use to develop your show:	Create show binder with empty page placeholders as needed
	☐ Do "Clarify Your Vision" Worksheet
"Clarify Your Vision" (Worksheet)	Play around with individual pieces
You fill this out to gain overall clarity about the show each week	Run through SHOW SHAPE as it is now
Repertoire Builder (Worksheet)	Do at least one Video-Rehearsal Process
This will help to choose order for show based on contrasts.	
·	7 Weeks Before:
Show Order Builder (Worksheet)	Do "Clarify Your Vision" Worksheet
This helps you structure all the elements into a show	□ Do Repertoire Builder Worksheet
	Practice/Play with individual pieces
Show Binder Includes:	Run through SHOW SHAPE as it is now
Your Dumpsheet	Do at least one Video-Rehearsal Process
Contact lists (venues, audience, etc.)	6 Weeks Referen
Rehearsal/Creation pages: each song or story has a	6 Weeks Before:
'place holder' page to start with and can grow as your	Do "Clarify Your Vision" Worksheet
ideas take shape.	Do Show Order Worksheet
Keep Updating your Dump Sheet ("Hold Everything") with:	Practice/Play with individual pieces
Stories: Ideas, full stories, snippets, memories, phrases,	Run through SHOW SHAPE as it is now
etc.	Do at least one Video-Rehearsal Process
Music: Lead sheets/compositional ideas	5 Weeks Before:
Schtick: Silly things you might do (like using a jazz drum	<b>Do "Clarify Your Vision"</b> Worksheet & Update Show Order
brush on the harp, or releasing balloons with different	Practice/Play with individual pieces
colors for the strings, etc.)	Run through SHOW SHAPE as it is now
<ul> <li>Costume &amp; Props: Keep a list of ideas you have, make</li> </ul>	Do at least one Video-Rehearsal Process
drawings, or clip any images you see	Do at least one video-nenearsar 1 rocess
<ul> <li>Instruments &amp; Sound equipment: What are you using,</li> </ul>	4 Weeks Before:
what opportunities/restrictions are there with these	<b>Do "Clarify Your Vision"</b> Worksheet & Update Show Order
instruments. Are there any other small instruments you	Practice/Play with individual pieces
might want to bring (like hand-cymbals, maraccas, etc.)	Run through SHOW SHAPE as it is now
Show-Shape Process:	Do at least one Video-Rehearsal Process
You'll use this process over and over:	<del>_</del>
"Do" the whole show in under 20 minutes, speaking intros and	3 Weeks Before:
interludes, then play 30 second version of each piece - just the	Do "Clarify Your Vision" Worksheet & Update Show Order
beginning & ending	Practice/Play with individual pieces
Videotape it and watch it for FLOW, SHAPE & overall MESSAGE	Run through SHOW SHAPE as it is now
Take 'director's notes' (put in show binder)	☐ Do at least one Video-Rehearsal Process 'in costume'
Rinse & Repeat	
	2 Weeks Before: GO WITH WHAT YOU HAVE GOT NOW!
Video-Rehearsal Process:	☐ Do "Clarify Your Vision" Worksheet
You'll use this process over and over:	Practice/Play with individual pieces
Run through the show* as if you're performing it right now	Run through SHOW SHAPE as it is now
Watch the video as if you're a loving director & take notes	Do at least one Video-Rehearsal Process 'in costume'
Pick 5+ things you LOVE from the video to expand	Drop or simplify anything that isn't working EASILY for you
Pick 5+ things to work on	Perform show shape as is to family/friend/cat/low key concert
* In a perfect world you run the whole show, but realistically there	4 Marcha Bafana
are times when you run only one half, or one segment - but always	1 Weeks Before:
run more than one piece at a time so you can see the flow	Rehearse 'in costume'
between them	Run through show shape as it is
	Perform the whole show to family/friend/cat/low key concert
	Drop or simplify anything that isn't working EASILY for you
	Perform whole show for yourself having as much fun as you can
	Day of:
	Day on

Just make sure you give yourself TIME to get to the theater and that you have all you need on stage to feel safe & comfortable