

Building Blocks and Seeds

Life's building blocks and seeds we see
In music, film, and poetry,
Where structure, creativity
Give freedom to express and be.

Let's build an arrangement to start
Like the foundations of a day,
With an intro, then melody,
An exploration 'long the way.

Get ready for an adventure
Where conversations will abound!
Tell your story 'round the fire
Of ev'ry sight, sensation, sound.

Dare to give voice to who you are,
Climb the safe mountain of your dreams,
Where each shape forms a bright new star,
Singing songs of unending streams.

Cadenzas and codas shake us
With great tension and big suspense,
Twirling us up, down, all around,
Then back home with the deepest sense.

So let's revel in our level,
Where inspiration breathes and lives,
Let's embrace what we can do now,
Where fluency connects and gives.

When our seeds of simplicity
Sprout forth an endless symphony,
Each note and role revealed is key
To go deeper, share, and be free.

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- A poem of inspiration and thanks by Tess Nurman,
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Additional space for more takeaways to add (after seeing other takeaways from my fellow adventurers!):