

DHC's Harness Your Muse - Time-Tracking Sheet

Week of: _____ -- _____

MON		TUE		WED		THU		FRI		SAT		SUN	
6		6		6		6		6		6		6	
7		7		7		7		7		7		7	
8		8		8		8		8		8		8	
9		9		9		9		9		9		9	
10		10		10		10		10		10		10	
11		11		11		11		11		11		11	
12		12		12		12		12		12		12	
1		1		1		1		1		1		1	
2		2		2		2		2		2		2	
3		3		3		3		3		3		3	
4		4		4		4		4		4		4	
5		5		5		5		5		5		5	
6		6		6		6		6		6		6	
7		7		7		7		7		7		7	
8		8		8		8		8		8		8	
9		9		9		9		9		9		9	
10		10		10		10		10		10		10	
11		11		11		11		11		11		11	

URGENT & IMPORTANT	URGENT & LESS IMPORTANT
IMPORTANT - NOT URGENT	NOT URGENT or IMPORTANT