

WARMUP #1A (JHW-01A) - 1-6-2-5 - BASIC ARPEGGIOS (VERSION 3)

~ This warmup gives you a basic progression and then modulates to a 5th away
 ~ If modulating is too tricky, don't do it - just play the first 16 bars of any page over and over. If the warmup doesn't challenge you enough, try figuring out the pattern that lets you modulate to additional keys (hint: it's in the last 4 bars of any of these pages)
 ~ If you need more time to regroup for modulating, make the last 4 bars of each page as slow as you need to.
 ~ For lever harp, change the levers during the last 4 bars of each page (hint, you can leave out the left hand to make that easier)
 ~ If you need to change the octave of any measure because your harp is small, that's fine. These are just CHORDS, they don't live in a particular octave - so play them in the octave that fits best on your instrument and in your mind.

Key of C - Level 1 (& 2)

1 C 3 1 Am simile fingering Dm G
 1 2 3 2 1 3 2 1 2 3

5 C Am Dm G
 5 6 7 8

9 C Am F Dm
 9 10 11 12

13 G9(no 3)
 13 14 15 16

NOTICE THE KEY CHANGE! This section helps you modulate to the next key. This section helps you modulate to the next key. The chords are a variation on the "2-5" of the new key (*don't worry if you don't know what that means ... yet*). Lever Harps: use the RH arpeggios to change your levers - or leave out the LH (or the last 2 notes of each measure) so you can change levers.

17 Gm7 Csus
 17 18 19 20

Key of F - Level 1 (& 2)

21 F LH RH Dm *simile fingering* Gm C

22 23 24

25 F Dm Gm C

26 27 28

29 F Dm Bb Gm

30 31 32

33 C9(no 3) *(You could also hear this as a kind of Csus - and I think I called it that in the video)*

34 35 36

NOTICE THE KEY CHANGE! This section helps you modulate to the next key. The chords are a "2-5" of the new key. Lever Harps: leave the LH bass notes out if it helps you change levers.

D.S.
(and repeat as desired)

37 Dm7 Gsus

38 39 40

Intermediate & Advanced

Everyone: READ THE NOTES (text) I wrote on page1 before you play this

Level 2 (Intermediates): it's fine to only go to the repeat sign and repeat this over and over

Key of C

NOTICE THE KEY CHANGE! This section helps you modulate to the next key. It's a variation on the "2-5" of the new key. Don't worry if you don't know what that means ... yet.

Key of F

61 FΔ 62 Dm7 63 Gm7 64 C7

65 FΔ 66 Dm7 67 Gm7 68 C7

69 FΔ 70 Dm7 71 BbΔ 72 Gm7

NOTICE THE CLEF change. Depending on the harp, I might not play an arpeggio this low. If it doesn't sound good on your harp, play it up an octave

73 Csus 74 75 76

NOTICE THE KEY CHANGE! This section helps you modulate to the next key. It's a variation on the "2-5" of the new key.

D.S.
(and repeat as desired)

77 Dm9 78 79 80 Gsus