



Sally's Chat Notes Deborah Henson-Conant • HipHarpAcademy.com

These are notes Sally takes, when possible, outlining each chat. The counter time usually refers to when DHC actually begins the chat, not always the exact time on the video timer.

FN: ChatNotes-190103-BTB-14-Sally.docx SD: 1/4/19 3:31:00 PM

Thurs. Jan 03, 2019 ~ BTB 2019 Chat #14

- 0:00 Welcome to Chat 14, Extra chat for *Building the Bones* between this class and *Strings of Passion* (SOP), which starts January 15. Wants to talk about what is coming up in the Academy.
- 1:25 QUESTION – Will you talk to us about musicality?
- 1:45 Next class is SOP, which is all a bout musicality. Wants us to video a project coming into program and then video it again at the end so we can have a record of an idea at the beginning, go through process of *Strings of Passion*, and then see what we have at the end.
- 3:35 Upcoming webinar this Sunmday is Power-Start Your Day. DHC will show her actual practice at beginning of the day.
- 5:30 DEMO – Look at musicality using a simple scale.
- 6:10 We can get so involved in notes that we can lose connection between ourselves & instrument.
- 6:50 DEMO - Has class play a major scale. Think about each note and assign an emotional value to each string per SOP.
- 7:40 DEMO Just play the C and experience it as dancer would. Let hand flow & feel all joints in hand.
- 8:50 DEMO - Try same exercise down lower. Don't think about the sound, but think about the physical. How would someone who is deaf experience the harp.
- 9:50 Gesture can be part of the music
- 10:00 DEMO - Has class play the scale very, very, slowly. Think about parts of the body such as mouth,shoulders. Take time to land on the string.
- 11:45 Think of the hand. Let energy flow through the body.
- 13:10 Takeaways from this exercise.
- 17:45 DEMO - Take same idea and applies to arpeggio. Put fingers on the strings in a "beautiful" way. Go through the motion without playing any notes. Create a physical relationship with the strings.
- 19:45 DEMO - Repeat touching strings and going away.
- 22:15 More takeaways.
- 24:30 DEMO - Making visual contact with your audience.
- 25:00 DEMO - Make sentences with what you're doing with the harp. Give it meaning.
- 27:45 DEMO - Harp is very resonant. Get it ringing with rich bass, then play melody above it.
- 29:50 DEMO – Gives class a simple 2 chord pattern to alternate between that and a melody above.
- 30:45 Has class experiment with the chord pattern and think of the "sentencing."
- 32:10 Asks class for their sense of what we just did.
- 35:00 Explains we used some of the strings of passions such as impulse, adding a structure, character, and roles. There is much one can do with these principles.
- 39:30 DHC was talking with friend about vision board idea to share but doesn't want to use a actual vision board. This leads to the telling of the story of "The Phoenix," which is told with the assistance of the 2 chord progression & melody.
- 46:20 DHC explains what she was doing while she told the story. Very little compositional information. Told a story meaningful to her with basically 2 chords.
- 48:15 The 2 chord progression kept RH the same and changed the LH down by a third to reinterpret the harmony.
- 50:00 Explains that if you have an idea that can't happen then you can alter slightly to make it work.
- 51:00 Hasn't played "The Phoenix" much lately but now wants to play every morning as a vision piece vs. a vision board. Just a way to bring what you want to bring into your life, but also teaches us musicality and "imbuing meaning" in what we're playing.
- 55:30 Explains how we've done all the principles of *Strings of Passion* in this exercise.
- 57:30 DEMO – Can set up a groove vs. a specific rhythm.
- 1:03:00 Excited about upcoming *Strings of Passion* and the other immersion classes.
- 1:05:00 Goodbyes

Chat Text

17:20:39 From Anne Horton : Helloooo!!!!
17:20:54 From Anne Horton : Yes!! Helloooo
17:21:06 From Dianne Phelan Muller : hello all
17:21:08 From Anne Horton : From my holiday spot - very relaxed!
17:21:39 From Anne Horton : Where is your microphone?
17:21:47 From Anne Horton : now I can
17:21:57 From Anne Horton : Yes can hear the harp
17:22:16 From Anne Horton : new glasses?
17:23:28 From Darlene Deisinger : Hi Deborah - Great to be here! Happy New Year!
17:23:55 From Anne Horton : Happy New Year!!! Hi Darlene!
17:24:14 From Anne Horton : ... and Diane and Barbara and Meredith too! ;-)
17:24:26 From Anne Horton : .. oh and susan
17:24:45 From susanregan : Harpy New Year everyone!
17:25:07 From Anne Horton : I am without harp and on a road trip with my husband ... just relaxing but looking forward to this chat :-)
17:25:40 From Darlene Deisinger : Hi Anne , Diane, Barbara and Susan - also Meredith. - Happy New Year
17:25:44 From barbara : Thanks, Darlene. Happy New Year to you, Anne, Susan and everyone else here!
17:25:46 From susanregan : Have a lovely trip. Enjoy!
17:26:10 From Anne Horton : Thanks
17:26:13 From Darlene Deisinger : Enjoy your trip - Anne.
17:27:16 From Anne Horton : I'm in a field with two donkeys!!
17:27:24 From Anne Horton : Out in the country
17:28:06 From Darlene Deisinger : Sounds - great!
17:28:06 From Dilys : Hi Anne. What are you doing there?
17:28:25 From Anne Horton : Road trip visiting friends - went to a 60th and celebrated New Years together
17:28:38 From barbara : Indeed!
17:28:40 From Anne Horton : Yes - it is all still working
17:28:44 From Darlene Deisinger : Nice- Anne.
17:28:49 From Anne Horton : What!!!!
17:29:01 From barbara : How exciting, Susan!
17:29:19 From barbara : Video!
17:30:23 From Sally Walstrum : Is this chat still Building the Bones?
17:30:24 From Anne Horton : I have "Susan envy"
17:30:30 From susanregan : It was awesome. Thanks for everything Deborah! Used all your tips and learnt Amazing Grace in one day!
17:30:44 From Anne Horton : Yeah right - I will just "pop over"!!
17:35:20 From Anne Horton : Yes - I am signed up!
17:35:43 From barbara : Me too, and looking forward to it!
17:35:54 From Sally Walstrum : Something like PowerStart your Day
17:37:13 From barbara : And the really great question was?
17:37:27 From barbara : Oh, okay, thanks!
17:37:41 From Margi : As simple??? as Clair de Lune?
17:37:44 From Dianne Phelan Muller : musicality
17:37:50 From Anne Horton : Oooo - I love that question!!
17:40:11 From susanregan : Lead with your wrist.
17:40:57 From Anne Horton : Facial expression is key
17:41:41 From Anne Horton : (For deaf people)
17:44:21 From Anne Horton : Your eyes are so important - where you are looking is where the audience will look too
17:45:37 From susanregan : Felt like the music was going through my body.
17:45:44 From Anne Horton : It felt like I was an OBSERVER of my own hands (rather than me controlling my hands)
17:45:47 From Sally Walstrum : Always have difficulty with tension, especially in my face and shoulders.
17:46:03 From Jill Bosworth : Felt a wonderful connection transfer over the shoulders from hand to hand - even tho left shoulder is stiff.
17:46:07 From Darlene Deisinger : I need more confidence in not looking so at my strings so much.
17:46:16 From Holly's iPad : hands went to different movements on each note gracefully
17:46:46 From Holly's iPad : was worried about not hitting right note though
17:46:49 From Vera : it felt like I was not playing! the sounds just flowed
17:49:20 From barbara : Oh, my goodness! When focusing on my left hand after playing a note, I felt and kind of saw the energy in my hand, which surprised me, because I experience energy through my hands, but had never made this connection with my harp before, though I've heard and thought about it.
17:49:47 From Dianne Phelan Muller : cegb
17:53:08 From Jill Bosworth : this is wonderful -flying
17:54:00 From Jill Bosworth : I hope to be able to Ave a relaxed smiling face like this during perf
17:54:26 From Jill Bosworth : yes
17:54:35 From barbara : And when I watch you, it's like you are having a love affair with your harp. Wonderful!
17:54:56 From Anne Horton : This highlights to me how I usually play with my hands quite independently of each other! This exercise CONNECTS them (through our body)
17:55:14 From Sally Walstrum : It helps me to smile if I look at the audience (or camera) every once in a while.
17:55:43 From Jill Bosworth : yessally

(p. 3) Sally's Chat Notes - FN: ChatNotes-190103-BTB-14-Sally.docx SD: 1/4/19 3:31:00 PM

17:56:30 From barbara : Oooh! Trying that gave me chills!

18:00:25 From Jill Bosworth : my harp is telling me that even tho 3 broken strings at the top I can syill make lovely music with what is left.

18:03:50 From Anne Horton : You set something free

18:04:33 From Vera : it's very atmospheric, though the words escape me...

18:04:41 From Bina : Not just playing music - we feel music - we ARE the music - we are one... you can't desperate an artist from his art - it is ONE <3

18:04:47 From Margi : You did one thing at a time (bass and accompaniment), then were free to improvise on the top.

18:05:02 From Darlene Deisinger : Passion is given to our music.

18:05:14 From barbara : It feels like making an agreement, a new way of interacting, with my harp.

18:07:09 From barbara : Yes, it is like having permission to slow down for the dance, rather than because of being slow while find the next note.

18:07:18 From susanregan : It feels like I am experiencing each chord through not only my fingers but my body not rushing with all the time I need to feel each note.

18:09:21 From barbara : Gosh, I just love how you are expressing that.

18:10:08 From Anne Horton : It seems very peaceful

18:10:41 From Anne Horton : Can you show us that - a rhythmic pulse

18:11:32 From Dianne Phelan Muller : cdgb

18:17:15 From barbara : OMG, that is sooo beautiful, Deborah!

18:17:46 From susanregan : I'm in love with story telling again!

18:18:52 From Dianne Phelan Muller : missed the second chord as usual

18:19:36 From Anne Horton : I'm going to guess it is a 1-5

18:19:45 From Vera : FAC is the fourth of C major

18:20:30 From Vera : FIs the sixth of A

18:27:40 From Anne Horton : I think this phenomenon of "imbuing meaning" really happens at Lift Off

18:28:11 From susanregan : Thank you Deborah, I LOVED this chat! So inspiring.

18:29:19 From Anne Horton : Yes - I love the way how you are spelling out the steps we can take to get to "Imbuing Meaning"

18:30:55 From barbara : I think the concept of a vision piece is profound, at least I feel like this exploration today is having and will have a profound effect on my playing—at least, I hope it does! Thank you sooooo much, Deborah!

18:33:09 From Anne Horton : I can imagine that the groove will evolve naturally itself as you play over and over and over

18:33:19 From Jill Bosworth : yes, Barbara!

18:33:54 From Holly's iPad : we'll be scared all together! 🌸

18:34:16 From Jill Bosworth : Wonderful, DHC! Thank you!

18:34:37 From Vera : thanks!! I just found my chords! I have been looking for them a long time!

18:34:46 From Darlene Deisinger : Thank you - Deborah

18:34:57 From Anne Horton : This is exactly the topic I was discussing with my musician friend last night! I can hardly believe that you have discussed it and DEMONSTRATED it so clearly today! Live on the edge!! "Fear" - wow - this is when fear can really be your friend - just leap of the cliff!!

18:35:04 From Holly's iPad : the later chats are easier to attend 😊

18:35:08 From Dily's : I just wondering where one might see past final projects people have done in strings of passion.

18:36:10 From Vera : yes! later chat please! thanks so much!

18:36:41 From Jill Bosworth : good time for me 2

18:36:45 From barbara : No, it's great on a Thursday!

18:36:49 From Vera : Thursday no good for me!:-((

18:37:09 From Anne Horton : Sunday is better (that is my Monday). I can't get Fridays off