

Deborah Henson-Conant's Seven Strings of Passion

Introduction



1. Impulse

The desire to touch, to be, to do, to create, to discover

2. Structure

The string in the sugar-water - The power of internal structure ~ Creating Conducive Conditions

3. Character

It's the flavor, the scent, the expression - the ineffable that gives meaning to the concrete

4. Roles

Leadership & Followership are just two roles ~ In music, playing the roles of bass, accompaniment or melody allows us to freely improvise together ~ As we fully play each different role, different perspectives are revealed ~ A role, like an archetype, can connect you to knowing what you do not know you know

5. Practice

You have to be bad to be good ~ Knowing made physical - Physicalize to know ~ Don't try to get it - let it get to you

6. Deconstruction

Structure, deconstructed, becomes a framework for new creation ~ Each translation to a new medium, each distillation, each incisive question shows more truth

7. Lift-Off

In the moment of performance, we drop the conscious practice, and trust that part of our practice that has become us. We speak fluently in a language where perfection is irrelevant because all we are doing - in our vulnerability - is revealing one answer to the question of what it means to be human. That's all we truly want to know from each other.

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10-Week "Strings of Passion" Program
at HipHarpAcademy.com**

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Deborah Henson-Conant's "Strings of Passion"

An overview of the "Strings of Passion" principles.

The 7 Strings of Passion

Impulse

The desire to touch, to be, to do, to create

Structure

The string in the sugar-water

Character

Assume it if you have it not, to know what you do not know you know

Roles

As we fully play each different role, different perspectives are revealed

Practice

You have to be bad to be good.
Knowing made physical - Physicalize to know

Deconstruction

Structure, deconstructed, becomes a framework for new creation.

Lift-Off

the moment of performance, we drop the conscious

How we apply these principles in musical performance

In Musical Performance

Impulse

The desire to express thru music

Structure

Examples: 12-Bar Blues Form, Sonata Form

Character

Dynamics, expression - also physicalization

Roles

Melody, accompaniment, bassline; soloist, accompanist; teacher / student - Embody each role fully - as you do, it informs & enriches you

Practice

Putting hands to strings - over & over. Embrace inability 'til it becomes ability. Pull the instrument into ourselves 'til it becomes our voice & body.

Deconstruction

When we understand the structure in its simplest form, we can reconfigure it, extend it, alter

Lift-Off

Forget all you learned, trust what has seeped deep into you through your practice, sink back into the music and play - truly play yourSELF.

NOTE: These pages are for exclusive use of the participants in this workshop experience (that means you!). Thank you for honoring the confidentiality of these pre-publication pages. They're the foundation of a book. It's essential you keep them private -- so please don't share or duplicate them. Thank you again for being part of this work, and for the passion of your own creative spirit! - DHC

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