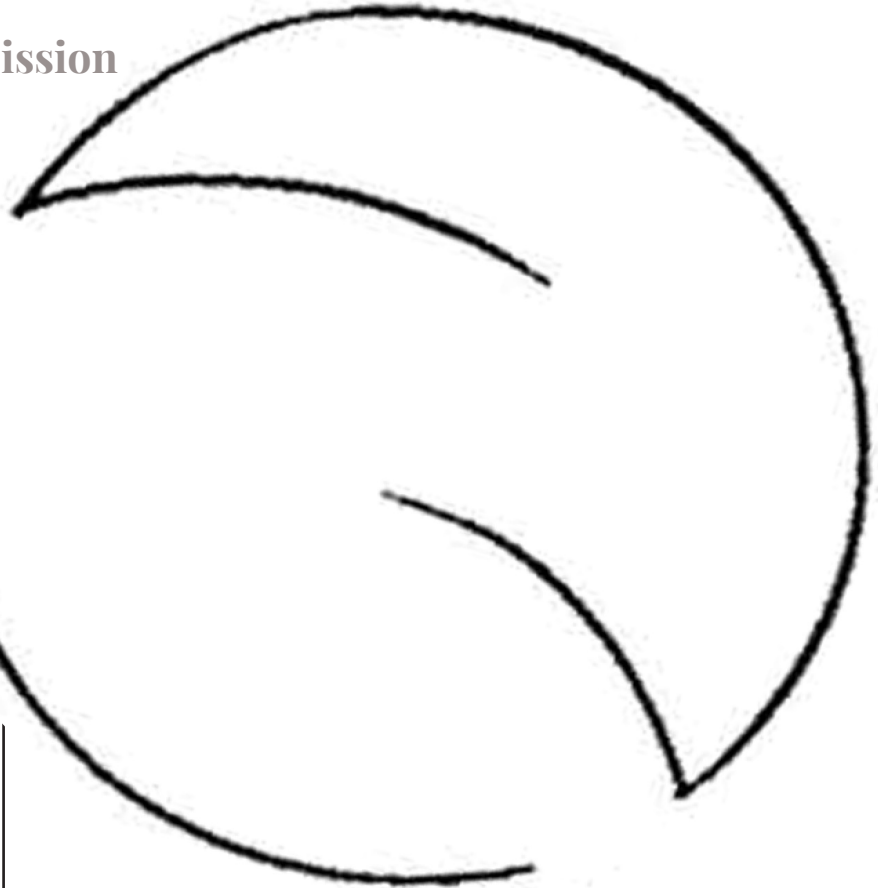
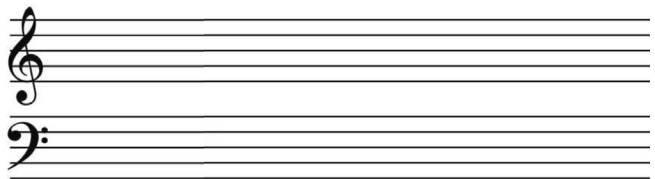


My Mission



What do I need to help me remember this pattern?

My Motivation



Demon Pot

Day 3 Vision Music: Mission & Motivation Meditation Lyrics

Feel free to use your own words, or just a few of these – whatever lets you connect.

The elements of the playing are:

- The motif – and the expanded motif (with clusters)
- The pentatonic scale - The bendy note
- This is a Blues-inspired motif (tho it doesn't have to be) – and a lot of the techniques I'm using are from the "Blues Harp-Style" class in the Academy.
- My goal is to get lost in this

I know I'm here to do something
I don't always know what it is
Sometimes it boils up hot in my
blood
And sometimes it's just a little fizz

I'm on a mission to see who I am
I'm on a mission to be who I am

Why am I driven to do this?

What are the reasons why?
Where am I hiding? Where am I
biding? Where am I ready to fly.

(I'm on a mission to me. I'm on a
mission to me)

I'm on a mission to **know** who I am
I'm on a mission to **show** who I am

=====

So I ask the question – I might get an answer today or tomorrow, or while I'm
cleaning the catbox, or I may already know the answer and this is helping to
clarify it or helping me embody it.

Why do I want to do this?
What are the reasons why?
What is my heart's motivation?
Where am I gonna fly?

I'm on a mission!
I got something to do.
I'll do it alone if I have to.
Or I I will do it with you.
Oh I want to do it with you.

I know I'm here to do something
I don't always know what it is
Sometimes it boils up hot in my
blood
And sometimes it's just a little fizz
I'm on a mission. Mmmm hmmm
I'm on a mission. Mmmhmmm
I'm on a mission. And that's what
I'm gonna do.