

What is Vision Music?

A Playsheet from Deborah Henson-Conant & HipHarpAcademy.com

This is a "Hip Harp Academy" Warm-Up Webinar Playsheet for the "Strings of Passion" Program

Greetings Daring Adventurer!

Welcome to "What is Vision Music." This is a workshop about turning your vision into a piece of music that you can play every day as part of your daily practice - a piece of music that helps you connect with your life's vision, feel it, and feel it take shape in your hands.

You can also use a piece you already know as your vision piece. What's important is that it be a piece you know so well you could play it in your sleep. It doesn't have to be a piece you love ... yet. Because you'll learn to love it.

"Now I feel more confident about making my IHTP application recordings. You are the cure for performance anxiety!" (Laura)

"The classes in Hip Harp Academy give me permission to become a more empowered ME on the harp!" (MaryAnn)

This is also a workshop about the musicality - so what you learn from Vision Music, you can apply to any piece you play.

This workshop is a warm-up webinar for "Strings of Passion" - learn more at StringsOfPassion.com or HipHarpAcademy.com

Instructions

This worksheet may not make sense without the webinar it belongs to so if you haven't taken the "What is Vision Music?" webinar, look for the sign-up in my blog at HipHarp.com

Who's DHC (Deborah Henson-Conant)?

Hey there! I'm Deborah Henson-Conant, also known as "DHC." I'm a composer, performer and a coach to creative artists - especially those who play the HARP!

I help you - the impassioned harp player - express yourSELF with your instrument by sharing the fundamentals of how music 'works' so you can improvise, arrange and combine your harp playing with other things you love - from singing and storytelling to cooking, dancing or writing.

I'm an impassioned creative artist ... and I speak to the artist in you. I hope you enjoy today's training and that you'll join me in the year-long Hip Harp Academy!



Join me for much more at:

HipHarpAcademy.com

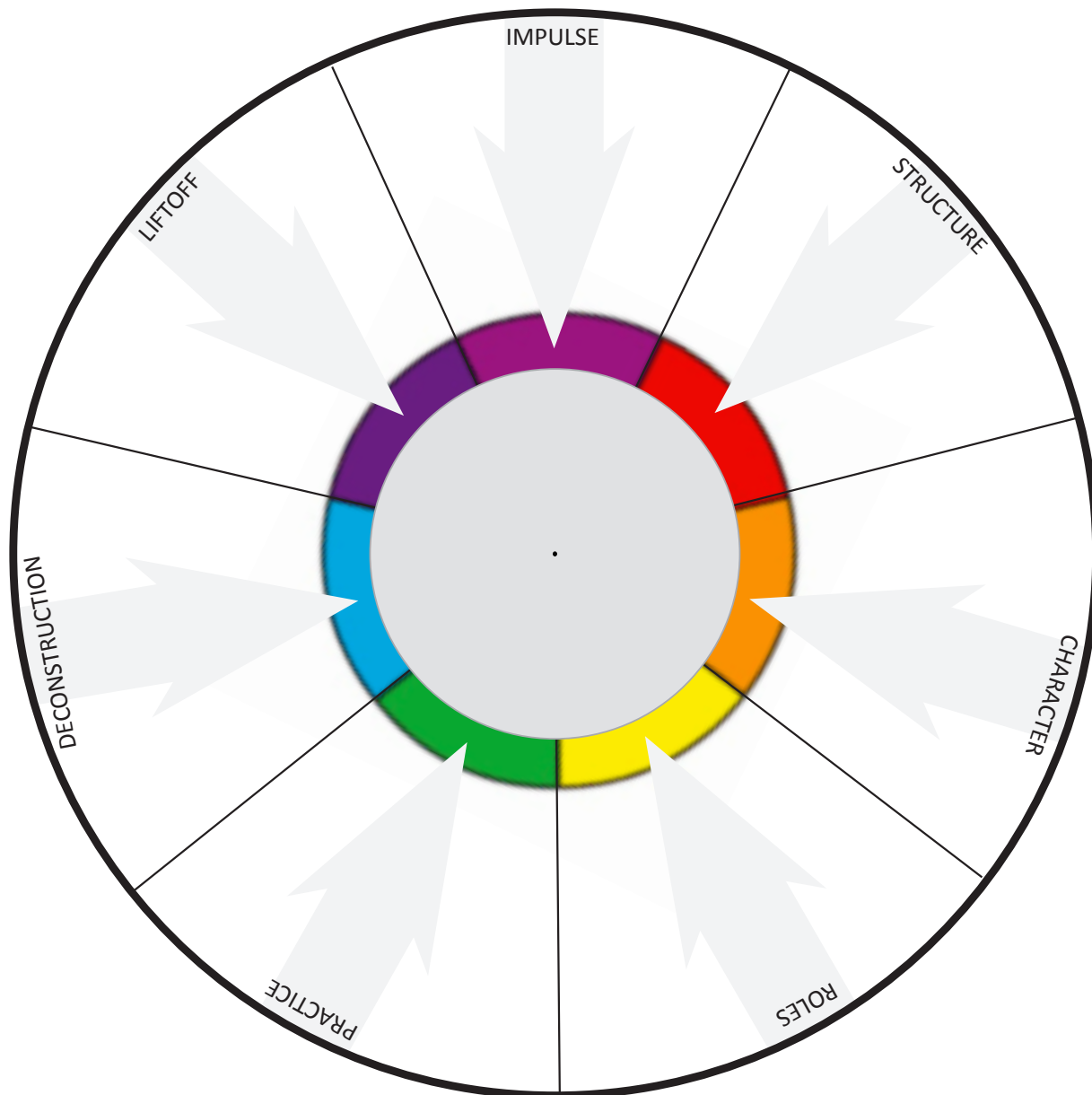
HipHaRp.com

fn: PlaySheet-HaRpyBirthday_v1dhc.indd / ud 161016

For the Vision-Music Workshop we may only use 3 of the strings: apply a simple structure, enhance its character, practice it to open up a deeper understand of our own impulse or vision. But you can also apply all the Strings of Passion. Here's how you might do that:

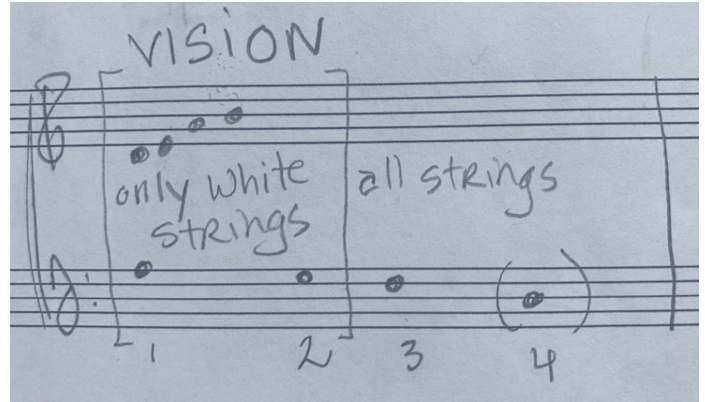
1. Use a simple **DECONSTRUCTED STRUCTURE**. The "Vision Music Suite" from the 5-Day "Vision-to-Action" Challenge teaches you 5 different deconstructed structures - but you can also find them all over the music you already play, and in Hip Harp Academy we have a whole library of them, which we call "Snippets"
2. Add musical **CHARACTER** based on the story you're telling (yourself) or on the feelings you want to explore
3. Use this as a **PRACTICE** - playing it over and over - explore it let IT get to YOU - to release the musicality and the **VISION** that it gives you
4. The moment of **LIFTOFF** is when you are able to let go of the technical aspects of the Snippet (either by gaining fluency with it, or simplifying it enough that it's easy for you)
5. Becomiing aware of the **ROLES** (the musical roles and the role you're playing in your story) can open up the vision even more

At first, just focus on the simple deconstructed structure, applying character and playing it as a practice.



This is just a diferent way of looking at Vision Music. It's not for writing detailed notes - but just reminders, if there's a chord or a harmony you discover that you love.

On the right is an example of how I wrote down the Snippet we'll be using



An empty musical staff consisting of five lines. On the left side, there is a large curly brace that spans the entire vertical height of the staff, indicating it is a single system.

An empty musical staff consisting of five lines. On the left side, there is a large curly brace that spans the entire vertical height of the staff, indicating it is a single system.

An empty musical staff consisting of five lines. On the left side, there is a large curly brace that spans the entire vertical height of the staff, indicating it is a single system.