



## Creative Resonance

January - March

When the inside and outside resonate as two halves of a deeper fundamental.

### The Outcome of this Quarter

You'll become a *new kind of* musician who's able to enrich the musicality and expressive richness of anything you do in your life. You will know how to play with, expand or do 'rounds' with anything – to take any small object, movement, word or phrase, or musical motif and expand it, play with it, discover new realms of expression with it.

### Tools of this Quarter

Frameworks	Tools	Concepts
<ul style="list-style-type: none"> <li>• The 7 Strings of Passion (Concepts of Creative Resonance)</li> <li>• Vision Music</li> <li>• Modal Improv Magic</li> </ul>	<ul style="list-style-type: none"> <li>• The Concepts of Creative Resonance:                             <ol style="list-style-type: none"> <li>1. Impulse</li> <li>2. Structure</li> <li>3. Character</li> <li>4. Roles</li> <li>5. Practice &amp; Practices</li> <li>6. Deconstruction</li> <li>7. Lift-off</li> </ol> </li> <li>• The Creativity Gym                             <ul style="list-style-type: none"> <li>○ Sprint Writing</li> <li>○ Splotch Drawings</li> <li>○ Soundscapes</li> <li>○ Subliteral Poetry</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Creative Resonance</li> <li>• Applying musicality to everything we do</li> </ul>

### Primary Action

- Choose two things you'll apply the class to:
  - Musical / Artistic Thing
    - A piece you already play and are bored with
    - The Vision Music Suite
    - 1-7 pieces from the Modal Improv Magic Class
  - Something else in your life that you want to bring more richness and self-expression to
- Apply each principle to whatever you're focusing on in the class
- Spend time each week in the Creativity Gym, using each machine – even if you're not a musician, artist or writer

### How to Get the Most out of this Quarter

- Do the work. Apply it to everything in your life. Ask Questions.
- Put the work into ACTION, and ACTION into PRACTICE
- Come to the live masterclasses & special trainings as often as you can
- Share what you discover