



Creative Resonance

January - March

When the inside and outside resonate as two halves of a deeper fundamental.

The Outcome of this Quarter

You'll become a *new kind of* musician who's able to enrich the musicality and expressive richness of anything you do in your life. You will know how to play with, expand or explore anything – to take any small object, movement, word or phrase, or musical motif and expand it, play with it, discover new realms of expression with it.

Tools of this Quarter

Frameworks	Tools	Concepts
<ul style="list-style-type: none"> • The 7 Strings of Passion (Concepts of Creative Resonance) • Vision Music • Modal Improv Magic 	<ul style="list-style-type: none"> • The Concepts of Creative Resonance: <ol style="list-style-type: none"> 1. Impulse 2. Structure 3. Character 4. Roles 5. Practice & Practices 6. Deconstruction 7. Lift-off • The Creativity Gym <ul style="list-style-type: none"> ○ Sprint Writing ○ Splotch Drawings ○ Soundscapes ○ Subliteral Poetry 	<ul style="list-style-type: none"> • Creative Resonance • Applying musicality to everything we do

Primary Action

- Choose two things you'll apply the class to:
 - Musical / Artistic Thing
 - A piece you already play and are bored with
 - The Vision Music Suite
 - 1-7 pieces from the Modal Improv Magic Class
 - Something else in your life that you want to bring more richness and self-expression to
- Apply each principle to whatever you're focusing on in the class
- Spend time each week in the Creativity Gym, using each machine – even if you're not a musician, artist or writer

How to Get the Most out of this Quarter

- Do the work. Apply it to everything in your life. Ask Questions.
- Put the work into ACTION, and ACTION into PRACTICE
- Come to the live learning labs & special trainings as often as you can
- Share what you discover



Grounded Expansion

April - June

When we are grounded in simplicity the music expands us spontaneously

The Outcome of this Quarter

In this quarter, you will learn how to expand and improvise on any piece you already know with ease by *alternating it with* simple improv sections. You'll also learn how to create a cadenza in ways that will expand your creative expression as a harpist.

Tools of this Quarter

Frameworks	Tools	Concepts
<ul style="list-style-type: none"> • Rondo Form • Vamp Expansion 	<ul style="list-style-type: none"> • Descending Bassline • Learning to play from a diagram • Baroque Flamenco techniques • The Triple Waltz rhythm • Percussive harp techniques • Vamps <p>ADVANCED</p> <ul style="list-style-type: none"> • Accompaniment shapes (like an open 5th or 1-5-10) • Applying rhythms to Accompaniment patterns 	<ul style="list-style-type: none"> • Expanding a piece you already know by alternating simple, repeating improv sequences (vamps) • Creating a Rondo form • Creating a cadenza <p>ADVANCED:</p> <ul style="list-style-type: none"> • Learn the Baroque Flamenco piece

Primary Action

- Learn to play a simplified Baroque Flamenco by going through the 5-Day Challenge
- Add performance techniques to play it more musically
- Continue to add elements from the "Baroque Flamenco" music
- Apply this model to other pieces

How to Get the Most out of this Program

- Do the work. If you're not clear what it is, ASK.
- Put the work into ACTION, and ACTION into PRACTICE
- Come to the live masterclasses & special trainings as often as you can
- Share what you discover



The Power of Pattern

July - September

Learning to see and play patterns liberates us from the fussiness of playing note-to-note and allows the music to freely flow.

The Outcome of this Quarter

You will be a *new kind of* musician who's able to spontaneously create music at any moment from 'nothing' using a repeated accompaniment or chord pattern, and melodic patterns.

Tools of this Quarter

Frameworks	Tools	Concepts
<ul style="list-style-type: none"> • 12 Bar Blues Form • Vamps 	<ul style="list-style-type: none"> • 12-Bar Blues Structure • Vamps structures • Roles: Bass, Accompaniment, Melody • Swing Rhythm • Blues Basslines • Stride Accompaniment pattern • Blues melodic Shapes/Patterns 	<ul style="list-style-type: none"> • How to use simple repeated patterns to created music and freedom of expression • How to learn via Call-and-Response

Primary Action

- Learn the Blues form and play it – alone, with others or with playback – and experience the power of this simple form to remove the barrier to entry for improvisation and spontaneous expression
- Get present to the simplicity of the form, what it opens up for you, *what you resist about its simplicity*, and what there is to give up so it can work for you.

How to Get the Most out of this Program

- Do the work. If you're not clear what it is, ASK.
- Put the work into ACTION, and ACTION into PRACTICE
- Come to the live masterclasses & special trainings as often as you can
- Share what you discover



Structure is Freedom

October - December

Simple, flexible internal structures give a framework to support ever expanding creative expression.

The Outcome of this Quarter

You will be a *new kind of* musician. One who's able to effortlessly, joyfully and spontaneously create music at any moment using any simple tune combined with the framework and tools from the course to spin an arrangement that has a beginning, middle and end; someone who can easily create and play a 'set' of these arrangements - and who can use small musical snippets to 'fill' or 'explore' moments within or between tunes.

Tools of this Quarter

Framework	Tools	Concepts
5-Part Arrangement Form	<ul style="list-style-type: none"> • The Roles: <ul style="list-style-type: none"> ○ Bass ○ Accompaniment ○ Melody • Building accompaniment down from the top or up from the bottom • Fencepost improvisation <p>ADVANCED</p> <ul style="list-style-type: none"> • Accompaniment shapes (like an open 5th or 1-5-10) • Applying rhythms to Accompaniment patterns 	<ul style="list-style-type: none"> • Applying the framework to simple tunes to create arrangements • Creating SETS • Connecting SETS with snippets • Creating intros <p>ADVANCED:</p> <ul style="list-style-type: none"> • Turning SETS into Medleys with modulation

Primary Action

- **Make a list** of simple melodies (from 3 to 300)
- Put them into a set list
- **Play them**, using the framework and the tools
- **Create a *practice*** of playing them daily
- **Share what you *discover*** thru this practice (by playing for others, sharing in the masterclasses, or on social media)
- Come to chats, watch videos, apply what you learn and ask questions

How to Get the Most out of this Program

- Do the work. If you're not clear what it is, ASK.
- Put the work into ACTION. Put the ACTIONS into a PRACTICE
- Come to the live masterclasses & special trainings as often as you can
- Share what you discover