

# **Intro to Modulating Warmups Handout**

**For Kickstart Week Summer 2023  
"Power of Pattern"  
at Hip Harp Academy**

**NOTE: We just used pages 1-7 in the INTRO SESSION so those are the only pages included in this version of the handout**

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- A. Simplified Patterns**
  - B. Arpeggios Patterns (Up & Down)**
  - C. Scale Patterns (Up & Down)**
  - D. Classical Patterns (Up & Down)**
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Note: These are not the full Modulating Warmups - just the intro patterns. The full warmups will be available to Academy Members in the Modulating Warmups classroom - and will available for purchase for non-memberss at

**<https://www.HipHarp.com/buy>**

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# **A.**

# **Simplified Versions**

**Arpeggios • Scales • Classical  
Modulating Warmups**

# Modulating Warmups (Simplified Warmups 01) [Rough Draft 1/17/21]

NOTE: You can play any measure down or up an octave, depending on the size of your instrument, and the sound you're hearing (ie. if it sounds muddy, then play it up an octave). Make it as easy and intuitive as possible for you, physically and mentally.

During the "Modulating" Sections, change you levers in between the 'trill' notes, from top to bottom or bottom to top of the harp. If you're playing pedal harp you can ignore the modulation sections and just move to the new key, or use part of the modulation section to bridge the keys.

## Arpeggios

Key of C

1

5

(Modulate to F)

9

Key of F

17

21

(Modulate to C)

25

(Go back to the top of the page)

# Scales

## Key of C

33

*(Modulate to F 2nd time)*

37

## Key of F

43

*(Modulate to C 2nd time)*

47

*(Go back to the top of the page)*

# "Classical-Type"

Key of C

Musical notation for Key of C exercise, measures 53-56. The exercise is written for harp in C major. The treble clef is circled in red, and the first four measures are enclosed in a red oval. The bass clef part consists of a steady eighth-note accompaniment. Fingerings are indicated by numbers 1-4 above the notes.

53

*(Modulate to F)*

Musical notation for modulation to F, measures 57-60. The key signature changes to one flat (F major). The exercise continues with the same melodic line in the treble and accompaniment in the bass.

57

Key of F

Musical notation for Key of F exercise, measures 61-64. The key signature changes to two flats (F major). The treble clef and the first measure are circled in red. The exercise continues with the same melodic line in the treble and accompaniment in the bass.

61

*(Modulate to C)*

Musical notation for modulation to C, measures 65-68. The key signature changes back to C major. The exercise concludes with the same melodic line in the treble and accompaniment in the bass.

65

*(Go back to the top of the page)*

**~ B ~**

**Modulating Warmups:**

**ARPEGGIOS**

**Basic Patterns in C**

# THE GOING UP PATTERN

KEY OF C:

ii m 7 Dm<sup>7</sup> V7 G<sup>7</sup> *simile fingering*

IΔ CΔ vi m 7 Am<sup>7</sup>

ii m 7 Dm<sup>7</sup> V7 G<sup>7</sup>

IΔ CΔ

D<sup>7</sup> Dominant of the new tonic

(Repeat as needed while changing all levers to the next Key Signature)