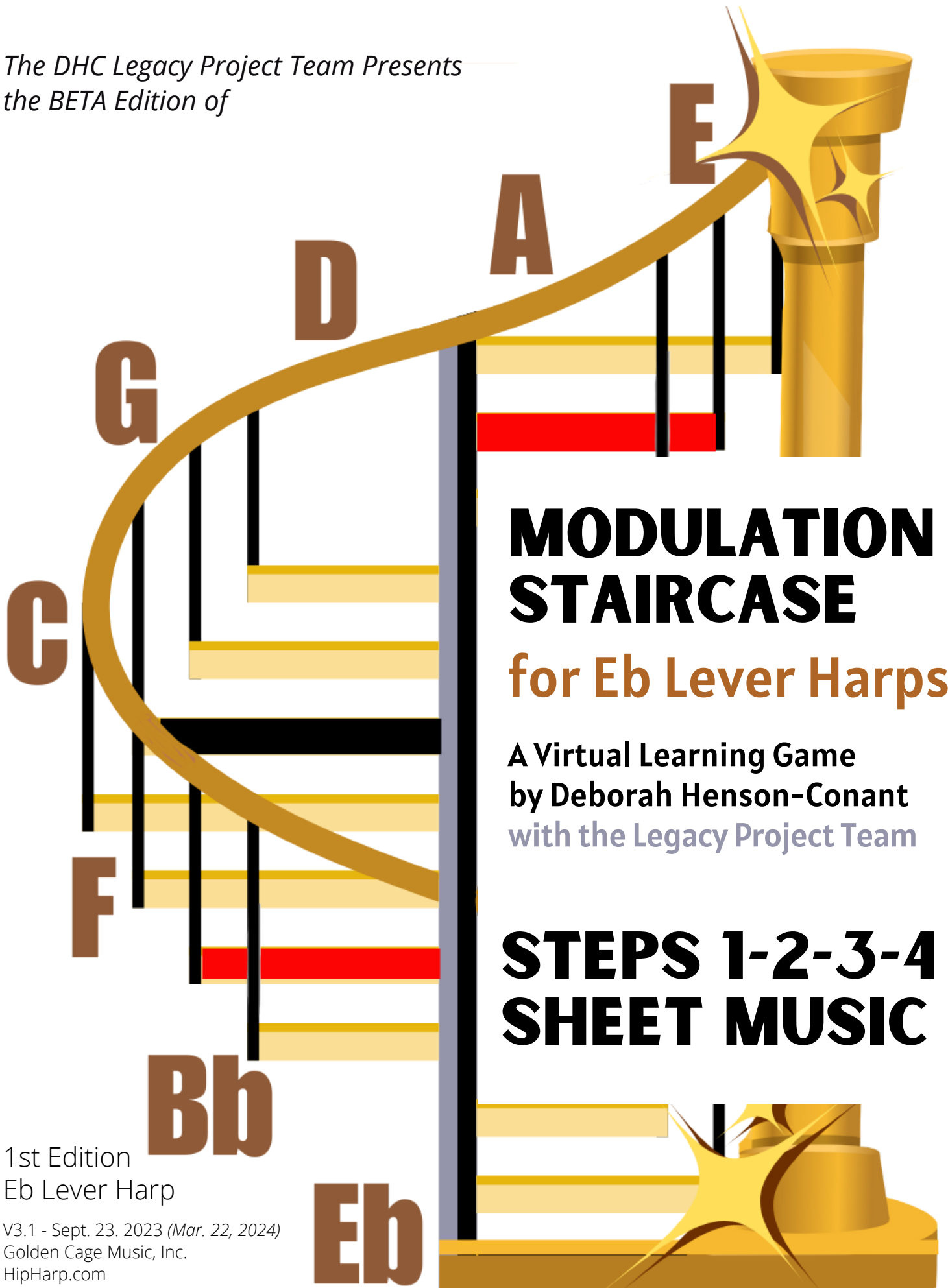


The DHC Legacy Project Team Presents  
the BETA Edition of



# MODULATION STAIRCASE

for Eb Lever Harps

A Virtual Learning Game  
by Deborah Henson-Conant  
with the Legacy Project Team

## STEPS 1-2-3-4 SHEET MUSIC

1st Edition  
Eb Lever Harp

V3.1 - Sept. 23, 2023 (Mar. 22, 2024)  
Golden Cage Music, Inc.  
HipHarp.com

## About this LEVER Harp Edition of the "Modulation Staircase"

The Modulation Staircase is the first step in the full Modulation Warmup Series that includes warmups in arpeggios, scales, rhythms, classical and jazz techniques. Each step in the series takes you through the practice of modulating from key to key. As they progress, each pattern introduces different technical, rhythmic, improvisatory or harmonic elements.

**This specific mini-series sets up the basic modulation pattern and - if you're using the online resources - the use of the Modulation Star Chart.**

You don't need to know anything about harmony to play the music. Just practice the basics, move it from key to key as written in the music and look for the patterns and sub-patterns. Eventually it's best to memorize each pattern and the key series, but use the music however it works best for you.

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### The Legacy Project Creative Team for Modulation Staircase Steps 1-2-3-4 is

Sally Walstrum • Heleen Vandeputte • Tammy Halun  
Gustavo Muñoz • Verena Jochum • Mary Robinson

Special Thanks to the Members of Hip Harp Academy  
for their input as the First Readers of this mini-series.

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### Where does this publication fit in the Harp Repertoire?

**This lever harp series is part of my mission to create compositions, training and resources for lever harp** that are comparable with that which is available for pedal harp so that these powerful, flexible instruments - and their players - have the tools, skills and resources to expand their creative voices powerfully in the world.

**This particular mini-series will create a deeper sense of connection with your instrument**, in particular with the levers and how they impact music theory and harmony - and expand your options in many ways: to combine pieces that you didn't think might fit together, moving from key to key and knowing what levers to change with confidence, and the flexibility to play in different keys.

**This is a special Beta Edition. For updates or errata list:**

Go to HipHarp.com, look for the Projects and then for Modulation Staircase. As we're still in Beta it may take a few weeks for errata page & online resources to be available.

**HAVE FUN!**

## About this Edition of "Modulation Staircase"

The "Modulation Staircase" is the first part of a "Modulation Warmup Series," which combines the practice of modulating from key to key *with developing skills* in rhythm, technique, harmony and improvisation - and it's part of my mission to create tools and training for harpists in the fundamentals of improv and jazz.

**As we were preparing to publish the Warmup Series, we realized we needed a pre-series that would give harpists a foundation in modulating** before combining modulation with skills of harmony, rhythm and technique. So we created this mini-series to introduce harpists to modulation in its simplest form as a foundation for the series of warmups to follow.

**This mini-series will create a deeper sense of connection with your instrument, in particular with the levers, their patterns, and how they impact music theory and harmony.** It will help you combine pieces you didn't think might fit together, move from key to key, know what levers to change with confidence, and have the flexibility to play in different keys.

**This particular lever harp series is part of my mission to create compositions, training and resources for lever harp** to give these powerful, flexible instruments and their players more tools, skills and resources to expand their creative voices powerfully in the world.

### **This is a Lever Harp Edition BUT it's for Pedal Harpists, too**

**For the purposes of modulation training this edition works for any harp** - and what you learn in this series can be applied directly to any key on any harp. This edition includes all the keys that most harpists are likely play in - regardless of the type of harp you play. - but we do plan to release a future version that includes modulation to all the pedal harp keys as well.

**You don't need to know anything about harmony to play the music.** This mini-series sets up the basic modulation pattern and - if you're using the online resources - will show you how to use the Modulation Star Chart.

**Just practice the basics, move it from key to key as written in the music and look for the patterns and sub-patterns.** Eventually it's best to memorize each pattern and the key series, but use the music however it works best for you.

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**HAVE FUN!**



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# STEP 1: Modulation Staircase

In which we meet the basic modulation pattern of establishing the key, modulating, bridging, and landing in the new key

## STEP 1 - Modulation Staircase - Pattern Overview & Breakdown

**"Going Up" Pattern** This pattern follow the circle of 5ths Key Order going "UP" a 5th each time:  
Eb > Bb > F > C > G > D > A > E

Key of C Major

Modulate to G Major

*Repeat as needed for levering*

**ESTABLISH** the key  
*(here it's established with an arpeggio)*

**MODULATE** using a Noodle or 'Diversion' - while changing levers

**TRAVEL/BRIDGE** to new key.

**LAND** in new key  
*(sometimes it's just a quick stopover).*

Key of G Major

Modulate to C Major

*Repeat as needed for levering*

**"Coming Down" Pattern** This pattern follow the circle of 5ths Key Order going "DOWN" a 5th each time: E > A > D > G > C > F > Bb > Eb

# STEP 1: Modulation Staircase Warmup

Version #1 (230821)

In this step you play the triad of the key you're in, locate the lever that will modulate you to the next key in the circle of 5th and modulate.

This grounds you in WHAT and WHERE is the next lever to change, and lets you practice playing a 'diversion' while you change the levers. You can choose to change levers throughout the whole harp, or just in the middle two octaves - whichever you prefer to do.

Note that during the modulating measure, depending on when you change your lever, you may hear the change of key while you're playing that measure or not. It doesn't matter when you hear the pitch change - it's a matter of taste and whatever's easiest for you right now. In other words, in the 2nd measure of each pattern you can change the lever whenever works for you, there's not a 'right way' to do it.

## "Going Up" Pattern

(From Eb Major to E Major via the Circle of 5ths)

Key of Eb Major

Modulate to Bb Major

*Repeat as needed for levering*

Musical notation for the first pattern. The treble clef staff shows a sequence of notes: Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb. Fingerings are indicated as 3, 2, 1, 1, 2, 3, 2, 1. The bass clef staff shows a sequence of notes: Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb, Eb. The notation includes repeat signs and a final measure with a whole note Eb.

Key of Bb Major

Modulate to F Major

*Repeat as needed for levering*

Musical notation for the second pattern. The treble clef staff shows a sequence of notes: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. Fingerings are indicated as 3, 2, 1, 1, 2, 3, 2, 1. The bass clef staff shows a sequence of notes: Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb, Bb. The notation includes repeat signs and a final measure with a whole note Bb. A '4' is written below the first measure.

Key of F Major

Modulate to C Major

*Repeat as needed for levering*

Musical notation for the third pattern. The treble clef staff shows a sequence of notes: F, F, F, F, F, F, F, F, F, F. Fingerings are indicated as 3, 2, 1, 1, 2, 3, 2, 1. The bass clef staff shows a sequence of notes: F, F, F, F, F, F, F, F, F, F. The notation includes repeat signs and a final measure with a whole note F. An '8' is written below the first measure.

["Going Up" Pattern Cont.]

Key of C Major

Modulate to G Major

*Repeat as needed for levering*

12

Key of G Major

Modulate to D Major

*Repeat as needed for levering*

16

Key of D Major

Modulate to A Major

*Repeat as needed for levering*

20

Key of A Major

Modulate to E Major

*Repeat as needed for levering*

24

Key of E Major

28



# "Coming Down" Pattern

(From E Major to Eb Major via the Circle of 5ths)

(Note the alternate fingering for the last note of the first measure - do whatever is easiest for you)

Key of E Major

Modulate to A Major

*Repeat as needed for levering*

32

\* Use finger 2 or 1

Key of A Major

Modulate to D Major

*Repeat as needed for levering*

36

Key of D Major

Modulate to G Major

*Repeat as needed for levering*

40

Key of G Major

Modulate to C Major

*Repeat as needed for levering*

44

**["Coming Down" Pattern Cont.]**

**Key of C Major**

**Modulate to F Major**

*Repeat as needed for levering*

48

Musical notation for the first system, starting at measure 48. It shows a piano accompaniment with a treble and bass clef. The first measure is in C major. The second measure is a repeat sign. The third measure is in F major with fingering 2, 1. The fourth measure is in F major with fingering 2, 1, 3, 2. The fifth measure is in F major with fingering 1. The sixth measure is a whole note chord in F major.

**Key of F Major**

**Modulate to Bb Major**

*Repeat as needed for levering*

52

Musical notation for the second system, starting at measure 52. It shows a piano accompaniment with a treble and bass clef. The first measure is in F major. The second measure is a repeat sign. The third measure is in Bb major with fingering 2, 1. The fourth measure is in Bb major with fingering 2, 1, 3, 2. The fifth measure is in Bb major with fingering 1. The sixth measure is a whole note chord in Bb major.

**Key of Bb Major**

**Modulate to Eb Major**

*Repeat as needed for levering*

56

Musical notation for the third system, starting at measure 56. It shows a piano accompaniment with a treble and bass clef. The first measure is in Bb major. The second measure is a repeat sign. The third measure is in Eb major with fingering 2, 1. The fourth measure is in Eb major with fingering 2, 1, 3, 2. The fifth measure is in Eb major with fingering 1. The sixth measure is a whole note chord in Eb major.

**Key of Eb Major**

60

Musical notation for the fourth system, starting at measure 60. It shows a piano accompaniment with a treble and bass clef. The first measure is in Eb major with fingering 3, 2, 1. The second measure is a whole note chord in Eb major. The third measure is in Eb major. The fourth measure is a whole note chord in Eb major.

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# STEP 2: Modulation Staircase

In which we add more Melodic Elements

## Step 2 - Modulation Staircase Warmup - Pattern Overview & Breakdown

**"Going Up" Pattern** This pattern follow the circle of 5ths Key Order going "UP" a 5th each time:  
Eb > Bb > F > C > G > D > A > E

Key of C Major

Modulate to G Major  
*Repeat as needed for levering*

Option 1

Option 2

16

**ESTABLISH** the key  
*Here it's established with an arpeggio and a scale*

**Melodic Elements**  
(here it's a melody in 6ths)

**MODULATE**  
*using a Noodle or 'Diversion' - while changing levers*

**TRAVEL/BRIDGE** to new key.  
There are 2 Options here:  
*Choose based on the size of your harp, or where you end up on the instrument, etc.*

Key of G Major

Modulate to C Major  
*Repeat as needed for levering*

Option 1

Option 2

55

**"Coming Down" Pattern** This pattern follow the circle of 5ths Key Order going "DOWN" a 5th each time: E > A > D > G > C > F > Bb > Eb

# STEP 2

Deborah Henson-Conant

## Modulation Staircase Warmup

Version #1 (230821)

Use this Warmup to get familiar with the Circle of 5ths Modulation Patterns

Look for the patterns and component- or sub-patterns.  
Why are there two different options for the final measure of each line?  
When would you use each?

In the "Coming Down" Patterns what's different about the last 2 measures of each line as compared to the "Going Up" Patterns? Why does this happen?

### "Going Up" Pattern (From Eb Major to E Major via the Circle of 5ths)

Key of Eb Major

Modulate to Bb Major  
*Repeat as needed for levering*

Option 1

Option 2

1

Key of Bb Major

Modulate to F Major  
*Repeat as needed for levering*

Option 1

Option 2

6

Key of F Major

Modulate to C Major  
*Repeat as needed for levering*

Option 1

Option 2

11

Key of C Major

Modulate to G Major

Repeat as needed for levering

16 3

Key of G Major

Modulate to D Major

Repeat as needed for levering

21 3

Key of D Major

Modulate to A Major

Repeat as needed for levering

26 3

Key of A Major

Modulate to E Major

Repeat as needed for levering

31 3

Key of E Major

36 3 4

# "Coming Down" Pattern (From E Major to Eb Major via the Circle of 5ths)

Key of E Major Modulate to A Major

*Repeat as needed for levering*

Option 1 Option 2

40

Key of A Major Modulate to D Major

*Repeat as needed for levering*

Option 1 Option 2

45

Key of D Major Modulate to G Major

*Repeat as needed for levering*

Option 1 Option 2

50

Key of G Major Modulate to C Major

*Repeat as needed for levering*

Option 1 Option 2

55

Key of C Major

Modulate to F Major  
*Repeat as needed for levering*

Option 1

Option 2

60

Key of F Major

Modulate to Bb Major  
*Repeat as needed for levering*

Option 1

Option 2

65

Key of Bb Major

Modulate to Eb Major  
*Repeat as needed for levering*

Option 1

Option 2

70

Key of Eb Major

75



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# STEP 3: Modulation Staircase

In which we combine a 1-6-2-5 progression with the basic pattern

## Step 3 - Modulation Staircase Warmup - Pattern Overview & Breakdown

**Key of C Major**

27

31

**Modulate to G Major**  
Repeat as needed for levering

Option 1

Option 2

**Key of G Major**

94

98

**Modulate to C Major**  
Repeat as needed for levering

Option 1

Option 2

### "Going Up" Pattern

The "Going Up" pattern follows the circle of 5ths Key Order going "UP" a 5th each time:  
Eb > Bb > F > C > G > D > A > E

**A PROGRESSION** (to establish the key - it just happens to be arpeggiated). This progression is:  
**1 - 6 - 2 - 5 (1)**

**Melodic Elements** (here it's a melody in 6ths)

**Modulating Noodle or 'Diversion'**

**Bridge** to new key.  
There may be different options based on where you end up on the instrument, etc.

The "Coming Down" pattern follows the circle of 5ths Key Order going "DOWN" a 5th each time:

E > A > D > G > C > F > Bb > Eb

### "Coming Down" Pattern

# STEP 3

Deborah Henson-Conant

## Modulation Staircase Warmup

Version #1 (230821)

This step adds a "1-6-2-5" PROGRESSION to the beginning of the warmup.

Use this Warmup to get familiar with that progression and the

Circle of 5ths Modulation Patterns

Look for the patterns and component- or sub-patterns. Is there any place in this warmup that you see any of the previous steps embedded? If so, how much of that previous step is embedded and where is it in each warmup?

What does that suggest about how you might use these warmup patterns in your playing?

### "Going Up" Pattern (From Eb Major to E Major via the Circle of 5ths)

#### Key of Eb Major

#### Modulate to Bb Major

Repeat as needed for levering

4

#### Key of Bb Major

9

#### Modulate to F Major

Repeat as needed for levering

13

### Key of F Major

18

### Modulate to C Major

Repeat as needed for levering

22

### Key of C Major

27

### Modulate to G Major

Repeat as needed for levering

31

### Key of G Major

36

### Modulate to D Major

Repeat as needed for levering

40

### Key of D Major

Musical notation for Key of D Major, measures 45-48. Chords: D, Bmin, Emin, A. Includes triplets and fingerings (3).

Musical notation for Key of D Major, measures 49-53. Includes "Modulate to A Major" section with "Repeat as needed for levering" and two options (Option 1, Option 2) for the modulation.

### Key of A Major

Musical notation for Key of A Major, measures 54-57. Chords: A, F#min, Bmin, E. Includes triplets and fingerings (3).

Musical notation for Key of A Major, measures 58-62. Includes "Modulate to E Major" section with "Repeat as needed for levering" and two options (Option 1, Option 2) for the modulation.

### Key of E Major

Musical notation for Key of E Major, measures 63-66. Chords: E. Includes triplets and fingerings (3, 4, 1).

# "Coming Down" Pattern (From E Major to Eb Major via the Circle of 5ths)

Note that during the modulating measure, depending on when you change your lever, you may hear the change of key during the modulating measure.

It doesn't matter when you hear the pitch change - it's a matter of taste and whatever's easiest for you right now.

## Key of E Major

Musical notation for measures 67-70 in the key of E Major. The treble clef contains a descending eighth-note pattern: E4 (quarter), D#4 (quarter), C#4 (quarter), B3 (quarter), A3 (quarter), G#3 (quarter), F#3 (quarter), E3 (quarter). The bass clef contains a descending eighth-note pattern: E3 (quarter), D#3 (quarter), C#3 (quarter), B2 (quarter), A2 (quarter), G#2 (quarter), F#2 (quarter), E2 (quarter). Chord labels above the staff are E, C#min, F#min, and B. Measure numbers 67, 68, 69, and 70 are indicated below the bass staff.

## Modulate to A Major

Repeat as needed for levering

Musical notation for measures 71-75, modulating to A Major. Measures 71-72 show the E Major pattern. Measure 73 is a modulating measure with a descending eighth-note pattern: A3 (quarter), G#3 (quarter), F#3 (quarter), E3 (quarter), D#3 (quarter), C#3 (quarter), B2 (quarter), A2 (quarter). Measure 74 is a whole note chord A2. Measure 75 is a whole note chord A2. Two options for the final measure (75) are provided: Option 1 shows a descending eighth-note pattern: A2 (quarter), G#2 (quarter), F#2 (quarter), E2 (quarter), D#2 (quarter), C#2 (quarter), B1 (quarter), A1 (quarter); Option 2 shows a descending eighth-note pattern: A2 (quarter), G#2 (quarter), F#2 (quarter), E2 (quarter), D#2 (quarter), C#2 (quarter), B1 (quarter), A1 (quarter). Measure numbers 71, 72, 73, 74, and 75 are indicated below the bass staff.

## Key of A Major

Musical notation for measures 76-79 in the key of A Major. The treble clef contains a descending eighth-note pattern: A4 (quarter), G#4 (quarter), F#4 (quarter), E4 (quarter), D#4 (quarter), C#4 (quarter), B3 (quarter), A3 (quarter). The bass clef contains a descending eighth-note pattern: A3 (quarter), G#3 (quarter), F#3 (quarter), E3 (quarter), D#3 (quarter), C#3 (quarter), B2 (quarter), A2 (quarter). Chord labels above the staff are A, F#min, Bmin, and E. Measure numbers 76, 77, 78, and 79 are indicated below the bass staff.

## Modulate to D Major

Repeat as needed for levering

Musical notation for measures 80-84, modulating to D Major. Measures 80-81 show the A Major pattern. Measure 82 is a modulating measure with a descending eighth-note pattern: D4 (quarter), C#4 (quarter), B3 (quarter), A3 (quarter), G#3 (quarter), F#3 (quarter), E3 (quarter), D3 (quarter). Measure 83 is a whole note chord D3. Measure 84 is a whole note chord D3. Two options for the final measure (84) are provided: Option 1 shows a descending eighth-note pattern: D3 (quarter), C#3 (quarter), B2 (quarter), A2 (quarter), G#2 (quarter), F#2 (quarter), E2 (quarter), D2 (quarter); Option 2 shows a descending eighth-note pattern: D3 (quarter), C#3 (quarter), B2 (quarter), A2 (quarter), G#2 (quarter), F#2 (quarter), E2 (quarter), D2 (quarter). Measure numbers 80, 81, 82, 83, and 84 are indicated below the bass staff.

### Key of D Major

Musical notation for Key of D Major, measures 85-88. Chords: D, Bmin, Emin, A. Includes triplets and fingerings (3).

### Modulate to G Major

Repeat as needed for levering

Musical notation for modulation to G Major, measures 89-93. Includes two options for the modulation pattern with fingerings (1, 2, 3) and accidentals (b).

### Key of G Major

Musical notation for Key of G Major, measures 94-97. Chords: G, Emin, Amin, D. Includes triplets and fingerings (3).

### Modulate to C Major

Repeat as needed for levering

Musical notation for modulation to C Major, measures 98-102. Includes two options for the modulation pattern with fingerings (1, 2, 3) and accidentals (b).

### Key of C Major

Musical notation for Key of C Major, measures 103-106. Chords: C, Amin, Dmin, G. Includes triplets and fingerings (3).

### Modulate to F Major

Repeat as needed for levering

Musical notation for modulation to F Major, measures 107-111. Includes two options for the modulation pattern with fingerings (1, 2, 3) and accidentals (b).

Key of F Major

112

Modulate to Bb Major

116

Key of Bb Major

121

Modulate to Eb Major

125

Key of Eb Major

130



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# STEP 4: Modulation Staircase [The Bridge!]

In which we expand the progression and change it to 2-5-1-6

This step isn't really a part of the first series - but is a bridge to more advanced warmups where the 2-5-1-6 progression is used for developing rhythms, improv or more complex techniques.

**This step will bridge you to the series that follow this one.**

## Step 4 - Modulation Staircase Warmup - Pattern Overview & Breakdown

**Key of C Major**

**Key of G Major**

### "Going Up" Pattern

The "Going Up" pattern follows the circle of 5ths Key Order going "UP" a 5th each time:  
**E<sub>b</sub> > B<sub>b</sub> > F > C > G > D > A > E**

**A PROGRESSION** (to establish the key - it just happens to be arpeggiated). This progression is:  
**2 - 5 - 1 - 6 2 - 5 - 1 - 1**

**Melodic Elements** (here it's a melody in 6ths)

**Modulating Noodle or 'Diversion'**

**Bridge** to new key. In this version, you get to improvise the bridge to the next key, noodling to the Big Letter of the next chord

The "Coming Down" pattern follows the circle of 5ths Key Order going "DOWN" a 5th each time:  
**E > A > D > G > C > F > B<sub>b</sub> > E<sub>b</sub>**

### "Coming Down" Pattern



### Key of F Major

Gmin C F Dmin Gmin

20

### Modulate to C Major

Repeat as needed for levering

C F

25

Improvise to the "Big Letter" of the next chord, taking as long as you want

### Key of C Major

Dmin G C Amin Dmin

30

### Modulate to G Major

Repeat as needed for levering

G C

35

Improvise to the "Big Letter" of the next chord, taking as long as you want

### Key of G Major

Amin D G Emin Amin

40

### Modulate to D Major

Repeat as needed for levering

D G

45

Improvise to the "Big Letter" of the next chord, taking as long as you want

### Key of D Major

50

Emin A D Bmin Emin

55

A D

**Modulate to A Major**  
Repeat as needed for levering

Improvise to the "Big Letter" of the next chord, taking as long as you want

### Key of A Major

60

Bmin E A F#min Bmin

65

E A

**Modulate to E Major**  
Repeat as needed for levering

Improvise to the "Big Letter" of the next chord, taking as long as you want

### Key of E Major

Note: You can skip these 4 measures and go straight to the "Coming Down" Pattern, if you prefer.

70

E

# "Coming Down" Pattern (From E Major to Eb Major via the Circle of 5ths)

Note that during the modulating measure, depending on when you change your lever, you may hear the change of key during the modulating measure. It doesn't matter when you hear the pitch change - it's a matter of taste and whatever's easiest for you right now.

## Key of E Major

74

## Modulate to A Major

Repeat as needed for levering

80

Improvise to the 'Big Letter' of the next chord, taking as long as you want

## Key of A Major

84

## Modulate to D Major

Repeat as needed for levering

89

Improvise to the 'Big Letter' of the next chord, taking as long as you want

### Key of D Major

94

Emin A D Bmin Emin

99

A D Modulate to G Major  
Repeat as needed for levering

Improvise to the 'Big Letter' of the next chord, taking as long as you want

### Key of G Major

104

Amin D G Emin Amin

109

D G Modulate to C Major  
Repeat as needed for levering

Improvise to the 'Big Letter' of the next chord, taking as long as you want

### Key of C Major

114

Dmin G C Amin Dmin

119

G C Modulate to F Major  
Repeat as needed for levering

Improvise to the 'Big Letter' of the next chord, taking as long as you want

Key of F Major

124

Chords: Gmin, C, F, Dmin, Gmin, C

Modulate to Bb Major

130

Chords: F, Bb

Repeat as needed for levering

Improvise to the "Big Letter" of the next chord, taking as long as you want

Key of Bb Major

134

Chords: Cmin, F, Bb, Gmin, Cmin, F

Modulate to Eb Major

140

Chords: Bb, Eb

Repeat as needed for levering

Improvise to the "Big Letter" of the next chord, taking as long as you want

Key of Eb Major

144

Chord: Eb



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**I hope you enjoyed the  
Modulation Staircase Steps 1-2-3-4**

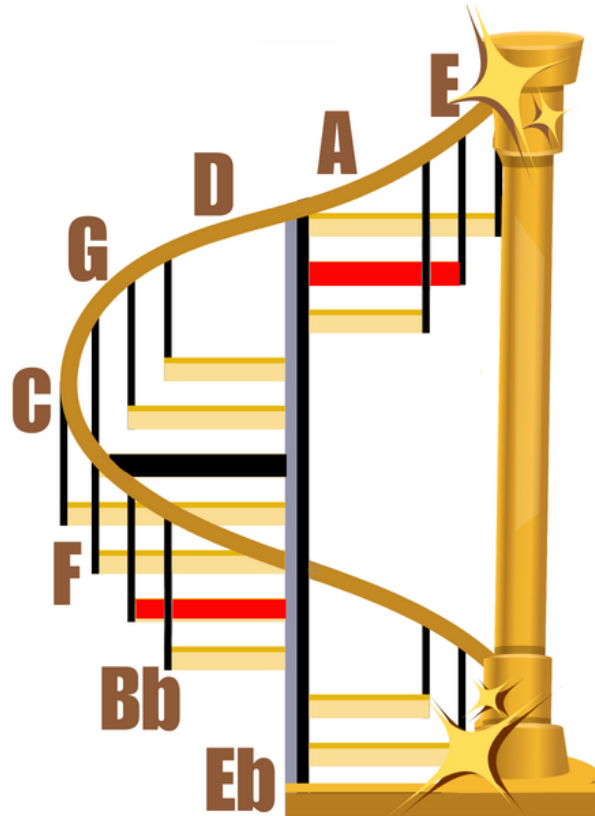
**Stay tuned for more advanced  
versions of the modulation  
patterns.**

**To access the Online Learning Resources go to  
[HipHarp.com/modulation-staircase](http://HipHarp.com/modulation-staircase)**

**To share any mistakes you found, questions or  
suggestions, use the “Ask-a-Question” form:  
[HipHarp.com/ask](http://HipHarp.com/ask)**

# Modulation Staircase

Solo LEVER Harp • Beta Edition



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